











- In contrast to clinical data, many articles demonstrating benefit of DB ACLR
- Improvement in rotational stability
- Attributed to addition of PL bundle











- Double-bundle reconstruction produces less rotatory laxity than single-bundle reconstruction
- There were no differences in clinical outcome when single-bundle and doublebundle anterior cruciate ligament reconstructions are compared
- Flawed RCT : difficult to make conclusions













My Indications

- Hyperlax patients
- Partial ACL injury
- Revision surgery *
- * individualize depending on intrarticular findings and stability



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Case 2

- 1 yr post ACLR , pivoting episode, medial meniscal tear
 Gr 2 lachman/Some end point
- MRI : ACL graft intact, vertical





Double Bundle ACL Conclusions : Anatomically makes sense

- Anatomic reconstruction of tibial and femoral footprints
- Helps restore rotational stability
 - Hyperlax knees; chronic with excessive laxity
- ? Clinically superior
 - Needs further investigation

